

Roberta Pughe, PhD, LMFT

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Clinical Director, The Center for Relationship, LLC, Licensed Marriage and Family Therapist, practicing 36 years in Princeton, NJ. Clinical Fellow™ of the American Association of Marriage and Family Therapy (AAMFT).

NJ License #37FI00145600

Professional Work

Licensed Marriage and Family Therapist 1986-present

Psychotherapist. Educator. Published Author. Private practice: "The Center for Relationship, LLC". Princeton and Hillsborough, New Jersey. Individual, couple, family and group psychotherapy for adults and adolescents. Relationships. Trauma/Treatment/Recovery. Addictions. Co Parenting/Parenting. Self-Actualization. Contemplative Embodiment™.

Princeton Healthcare System 2008-2010

Princeton Health Behavioral Health, Mt. Lucas (Princeton) location. Consultant/Group Therapist. Facilitated psycho-educational therapeutic groups for Dual Diagnosis adult patients, Adult Psych and Seniors. Included both clinical assessment and psycho-therapeutic treatment as well as development and facilitation of Spirituality groups and Addictions groups for mixed populations.

Princeton University - Visiting Lecturer - 2001, spring semester, Princeton, New Jersey. Department of Politics: Women, Gender and Politics. Course WOM 337.

CP Consulting Group, Inc 1997-2004

As Co-Founder, I co-created and trademarked "The Project Gestalt," a methodology and tool rooted in the application of Gestalt Therapy Theory to Project Management, providing transformation for systems large small. Provide behavioral consulting services focused on high-level, complex leadership and advanced awareness skills for companies in transition. Educational methods are lecture (psycho-educational), interactive, and experiential. Emphasis is on Gestalt Awareness Theory and Practice applied to Project Management with an emphasis on teaching an Emotional and Relational Intelligence skill set.

Gestalt Center of New Jersey 1992-1997

Faculty Trainer. Flemington, New Jersey. Provided two year certification to licensed psychotherapists in Gestalt Therapy Theory. Live process and "open-seat" group training/individual psychotherapy/ gestalt theory for educational and consultational purposes. Roberta trained with Master Gestalt Therapists such as: Edwin Nevis, Irv & Miriam Polster, Phil Lichtenberg, Will Kouw, Bud Feder, Mariah Fenton Gladis and Jack Aylward.

Fair Oaks Hospital, Summit, New Jersey 1988-1990

Family Therapist on Dual-Diagnosis Adolescent unit, A.C.C.E.P.T. (Inpatient Adolescent Center for Chemical Education, Prevention and Treatment) treating both psychiatric disorders and drug/alcohol addiction (Dual-Diagnosis). Facilitated "Multi-Family week", involving one-week intensive with 5-7 families; included daily lectures, in-services, group process and multi-family group family therapy. Facilitated Interventions for drugs and alcohol and educated inpatients and families regarding a 12 step program of recovery and health. Case management.

The Fuhrman Clinic, Ridgewood, New Jersey 1990-1992

Clinical Supervisor and Family Therapist. Out-Patient Dual-Diagnosis, Drug and Alcohol Facility, adults and adolescents. Supervised clinical staff (Masters- level clinicians and certified drug & alcohol counselors) and provided in-service education and case management. Practiced psychotherapy with outpatients and their

families and educated patients in a 12-step program of recovery. Traveled tri-state area providing presentations/workshops about the “Systems” component of recovery. Adults and adolescents.

Television and Radio Work

Princeton Community Television - 2012 - Guest Psychotherapist for series, “*SoOver50*” addressing psychological issues for Women 50 and Over related to all aspects of life and relationships.

Release of CD, “Feed The Muse” - 2011

Denroy Morgan, Jamaican Reggae Artist. Unification Event Inspirational Speaker. Opened for Denroy in Asbury Park, NJ - 2012

MTV “True Life” - 2010 - Guest Psychotherapist for the episode “*I Can’t Have Sex*”, aired December 6, 2010.

Interviews - 2007-2012 - Radio Interviews which can be viewed on my website.

Feed Me Some Grapes - 1999 - Co-Hosted a live, call-in syndicated self-help psychology radio show, “Feed Me Some Grapes”, KFNX 1100 AM, North American Broadcasting Co., Phoenix, Arizona

Psychological Consultant - 1992 - HBO movie/documentary on Rape with Triple Olympic Gold Medalist, Nancy Hogshead.

Talk Shows

1991 - Facilitated The Gordon Elliot Television Talk Show as the Guest Marriage and Family Therapist, entitled “Effects of Maternity on Couples”.

Publications

Pughe, RM. (2021) *An Inquiry into Higher Education’s Controversial “Countermovement”*: *Contemplative Pedagogy* (Doctoral dissertation, Seton Hall University).

Resurrecting Eve: Women of Faith Challenge the Fundamentalist Agenda. 2007, White Cloud Press.

Body as Sanctuary for Soul: An Embodied Enlightenment Practice. 2015, White Cloud Press.

Education

2021 - PhD, Seton Hall University, Education Leadership, Management and Policy

1992 - EdS, Seton Hall University, Education Specialist: Marriage and Family Therapy/Post Masters Degree

1990 - Kappa Delta Pi, Member, Xi Gamma Chapter, InterNational Honor Society in Education, Seton Hall University

1988 - MATS, Gordon-Conwell Theological Seminary, Master of Arts Degree in Theological Studies - Graduated Summa Cum Laude

Phi Alpha Chi: Scholastic Honor Society Member

Additional coursework completed through Princeton Theological Seminary, Calvin Theological Seminary and Drew Theological Seminary.

Internship: Overlook Hospital, Summit, New Jersey. Chaplaincy internship - 1981. Hospice/Grief work (Death and Dying Transitions)

Phi Alpha Chi, Member, the Scholastic Honor Society of Gordon-Conwell Theological Seminary

1979 - BA, Calvin College, Major: Sociology

Additional undergraduate study: University of London, England (cross-cultural studies abroad)

Certification/Training

1990-1992 - New Jersey Center for Gestalt Therapy, certified in Gestalt Therapy Theory, Level I and Level II (trained with many Master Gestalt Therapists from around the world) 1992-1997 - Faculty Trainer with the New Jersey Center for Gestalt Therapy, Flemington and Frenchtown, New Jersey

1997 - Training in Core Shamanism with Michael Harner

1996 - 2008 - Training in Shamanism & Christian Mysticism with Psychoanalyst Sharon Blessum/The Owl Women. The Healing Path Farm, Warren, New Jersey

Professional Societies

The International Association for the Advancement of Gestalt Therapy (IAGT)

American Association of Marriage and Family

New Jersey Gestalt Therapists

The Foundation for Shamanic Studies
New Jersey Association of Women Therapists
Princeton Regional Chamber of Commerce
The Center for Contemplative Mind in Society